



Nurse Leadership Conference – June 22-23, 2022

Target Audience: CNO's, nurse managers

Wednesday, June 22, 2022

1:00 – 1:15 p.m. **Welcome and Introductions**

1:15 – 2:15 p.m. **Opening Keynote – The Sensei Leader**

Presented by Jim Bouchard

Content: This presentation challenges you to think about your most essential leadership qualities – even if you're not in a traditional leadership role! Bring out the best in your people....and yourself! The research is clear. People perform at their best when they know their leaders care, their work has meaning, and they have a real chance to learn, grow and develop.

2:30 – 3:30 p.m. **Five Rings: 8 Leadership Tactics**

Presented by Jim Bouchard

Content: Can you relate to managing a diverse group, motivating your team to higher levels of performance and productivity, dealing with interpersonal conflict, acting as a buffer between top management and front lines, and getting people to “buy-in” to changes in policy and procedure? If so, you're not alone! This presentation will discuss solutions and strategies to address real challenges and opportunities you face in your leadership role every day!

3:45 – 4:45 p.m. **Burnout Affects All of Us: Solutions to Restore Well-Being in Healthcare**

Presented by: Jessica Gold, MD, MS

Content: Burnout is the common denominator in healthcare today. No doubt it's impacted all healthcare professionals during the pandemic, affected staffing levels and increased the possibility of errors in patient care. As leaders, you aren't immune to burnout. You need solutions to restore your own well-being, as well as ideas to help your staff and rebuild capacity to meet the ever-present demands of healthcare. Two simple solutions: transparency of leaders and support from supervisors. The impact of both will surprise you during this much needed session on mental health and organizational wellness.

Thursday, June 23, 2022

7:00 – 8:00 a.m. Breakfast

8:15 – 9:15 a.m. **Surviving Current Workforce Challenges: Could Nurse Residency Be an Effective Treatment?**

Presented by: Nicole Weathers

Content: Historically, the nursing profession has faced training, onboarding, and professional development challenges. The recent pandemic only accentuated these problems and further compounds issues around recruitment and retention, forcing nurses into positions in which they are unprepared. This often contributes to feelings of overwhelm, high turnover, and burnout. As healthcare organizations struggle to attract and retain nurses, professional development programs such as nurse residency and mentoring are no longer nice to have extras; they are vital for survival. Learn how the Iowa Online Nurse Residency Program supports healthcare organizations from coast to coast to provide comprehensive training and support for new graduate nurses and their employers in various practice settings.

9:30 – 10:30 a.m. **NDHA – Awareness Brief**

Presented by: Kirk Hagel, Chief of Operations/Intel Supervisor, NDSLIC

Content: During this presentation, various aspects (indicators, examples, reporting, etc) of suspicious activities along with different threats we face will be discussed.

10:45 – 11:45 a.m. **Crucial Conversations**

Presented by: Paula Graner

Content: During the Crucial Conversations session, attendees will learn to recognize when crucial and critical conversations are required. Attendees will learn how to identify signs of conflict, when to initiate a crucial conversation, and how to guide the conversation towards a desired outcome. You will learn new communication techniques to identify when emotions are elevated, how to improve your dialogue to obtain results benefiting both parties. If you think reaching a common understanding isn't possible, this session is for you.

Noon – 2:30 p.m. **NDONL meeting** | Governor's Room

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